

The July meeting of Iowa's Walking Club met at Easter Lake, July 19 @ 6:30 p.m., following a 5k & 10k walk.

President Jan Knock welcomed everyone. Members present introduced themselves.

Susan presented the Treasurer's report.

Susan reported that the club has 155 members. Peggy updated members on the Walking Club Challenges program.

Don Cougar and Phyllis Olsen were recognized for their Incentive Book completion. Prize packages were distributed.

President Jan Knock presented the Board Report and recognized Board Members. She reminded us that new elections are being held in November. Jan encouraged members to consider volunteering.

There will be a board meeting on July 26 to plan walks for upcoming year. Jan encouraged members to organize walks for next year. Jan reminded members that Social Media such as Facebook is a good way to keep informed on club activities.

Jan reminded us that we are a growing club and one of the top 20 clubs in the U.S.

Upcoming walks were discussed and changes announced.

Peggy was recognized for her successful interview in the Altoona Now paper.

The Convention was discussed. A number of our members will be recognized at the Convention.

Nora gave an Ambassador program update. She is identifying current members that would like to mentor new members.

Susan will be Regional Director for the North Central multi-state region. Susan updated members on her future duties and responsibilities. Susan announced the Feb. 2023 Olympiad will be held in San Antonio, Tx. Susan will keep us informed.

Susan would like to retire as Treasurer and is interested in a replacement.

Jan is ordering new Convention T shirts-\$20 each.

The meeting was adjourned.