



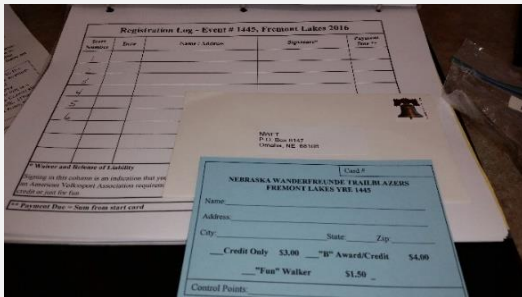
Iowa's Walking Club Start Point Instructions

<http://www.iowaswalkingclub.org>

1. Ask for "The Walkbox" at the start point listed in on the AVA website and in the annual Event Booklet.



2. Print your name and address in the registration log, sign it, and indicate the amount you are paying.



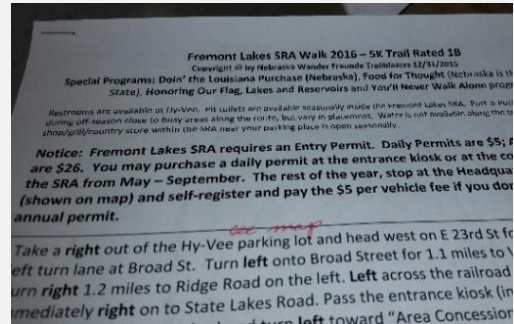
This image shows the registration log, a start card (blue), and an envelope you will use to mail the start card and fees to the club.

3. Complete the start card. Put it in the envelope along with your fee.



Some start cards may look like this.

4. Take a set of directions and maps. *The directions will indicate whether you start walking from the parking lot of start point or whether you have to drive to a different location.*



5. Return the walkbox to the front desk or counter. *Thank the staff for giving you the box and letting us start our walk from there.*



6. Drop the envelope in the US Mail. Add postage if necessary.

Enjoy your walk.

Iowa's Walking Club
Have fun, get fit, make friends

Find us at [iowaswalkingclub.org](http://www.iowaswalkingclub.org) and on Facebook at [facebook.com/iowaswalkingclub.org/](https://www.facebook.com/iowaswalkingclub.org/)